

Unit 2: Songs of the Old Testament (Lessons 6 – 9)

Lesson 6

October 6, 2024

Subject: Prayers of Repentance and Confession

Devotional Reading: 2 Corinthians 7:5-11

Background Scripture: Psalm 51:1-19; 2 Samuel 11:1-27

Lesson Scripture: Psalm 51:1-4, 10-12, 15-17

Memory Verse: Create in me a pure heart, O God, and renew a steadfast spirit within me. Psalm 51:10 NIV

Lesson Aim: To seek forgiveness by confessing and repenting any and all sins.

INTERNATIONAL SUNDAY SCHOOL STUDY OUTLINE

BACKGROUND

1. What is the introduction (known as a "superscription") to Psalm 51 before the verses? Who is the author of this Psalm?
2. What were the circumstances that caused the author to write Psalms 32 and 51? 2 Samuel 11:1-12:14
3. Psalms 32 and 51 are known as Penitential Psalms. Why do you think so?

I. PETITION FOR FORGIVENESS: PSALM 51:1-2

4. What was David's plea to God in Psalm 51? Psalm 51:1a
5. What parts of God's nature did David appeal? Psalm 51:1bc (David was asking for God's grace over God's deserved justice. Grace is God's undeserved gift.)

v. 1b _____

v. 1c _____

6. What did David want God to specifically do on his behalf? Psalm 51:1d (An act of forgiveness.)
7. What do you think David was referring to when he asked God to "blot out his transgressions"? Psalm 130:3; Revelation 20:12 (God has two books of records.)
8. Why did David seek mercy from God? Ezekiel 18:26; Romans 6:23a
9. What did David consider was in order to be restored back to God? Psalm 51:2

v. 2a _____

v. 2b _____

10. What three phrases did David use to describe his disobedience and downfall? Psalm 51:1-3

My _____ My _____ My _____

11. What three requests did David make of God to deliver him from his sins? Psalm 51:1-2

II. CONFESSION OF SIN: PSALM 51:3-4

12. Instead of continuing to deny his sins or cover-up his sins or blame others and circumstances or rationalize, what did David do? Psalm 51:3

v. 3a _____

v. 3b _____

13. Compare David's confession of Psalm 51:3 with Psalm 32:5.
- v. 5a _____
- v. 5b _____
- v. 5c _____
14. Whom do we sin against each time we sin against a fellow human being? Psalm 51:4ab; 2 Samuel 12:13; (Genesis 39:6-10)
15. Explain why sin is never a private matter. Who is always offended by our sins?
16. What did David acknowledge about God? Psalm 51:4c, 14b
17. Why is it important to confess our sins? 1 John 1:9
- III. HUMAN'S PROPENSITY AND GOD'S HOLY INTENTION: PSALM 51:5-6
18. How did David confess original sin and our propensity to sin? Psalm 51:5 (Romans 3:23; 5:12)
19. What is God's intended (holy) will for all of us? Psalm 51:6a
20. What does God give us to combat and resist sin? Why? Psalm 51:6b (James 1:5; Psalm 119:11)
- IV. PRAYING FOR RESTORATION AND RENEWAL: PSALM 51:7-13
21. What did David think was the only way to restoration and renewal with God? How could this be accomplished? What would be the result? Psalm 51:7
22. What had David missed after he committed adultery and murder? He wanted this state restored. How did David express his emotional and spiritual pain? Psalm 51:8; Psalm 32:3-4
23. What did David ask God to do about his sins? Psalm 51:9
24. What do we all need to pray for in order to keep us close to God and enable us to resist temptation? Psalm 51:10 (Matthew 6:13)
25. What fear did David confess and pray because of the magnitude of his sins? Psalm 51:11
26. What does a person possess who has been saved and renewed? Psalm 51:12a; 32:1
27. What is needed to sustain us in the face of temptation? Psalm 51:12b
28. What is the responsibility of penitent and saved sinners to those not cleansed from their sins? Why? Psalm 51:13
- V. THE ACT OF PRAISE BECAUSE OF FORGIVENESS: PSALM 51:14-15
29. What else did David specifically want to be delivered from through God? Psalm 51:14ab
30. What should forgiveness produce? Psalm 51:14c-15
- VI. GOD'S DELIGHT AND PLEASURE: PSALM 51:16-17
31. What is not God's delight or pleasure? Psalm 51:16
32. What are the only acceptable sacrifices to God? Why? Psalm 51:17; Romans 12:1
- v. 17a _____ v. 17bc _____
- v. 1 _____